



Keeping Couples Together With Live-in Care

When care needs begin to change, it's rarely straightforward. One partner may start to need more help with day-to-day tasks, or both may need support in different ways.

What often matters most at this stage is staying together.

Why live-in care works well for couples

- Stay together at home**
There's no need to move out or face the possibility of being separated. Both partners remain in the home they know, with their routines intact.
- Support for both people**
Care is tailored individually, whether one partner needs more support or both have different needs. One carer can often support both.
- Relieves pressure on a partner**
Where one person has taken on a caring role, live-in care provides consistent support, making things more manageable day to day.
- Continuity and familiarity**
Remaining at home avoids the disruption of a new environment, which can be especially important where there is memory loss or dementia.
- Flexible, around-the-clock support**
Care is there when it's needed, rather than limited to short visits. This brings reassurance for both partners.
- Maintains routines and independence**
Daily life continues as normal, from mealtimes to hobbies, with support built around existing routines.
- Often more cost-effective than expected**
Because one carer can support two people, live-in care for couples is usually more affordable than paying for two separate care home places.

Live-in care offers the right level of support without disrupting a decades-long life together. A professional carer lives in the home, supporting both people as their needs evolve, while daily life continues in familiar surroundings.

To learn more about our live-in care options for couples, reach out today:

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